THE LIHOU
CHARITY LBG

Essential Kit List for Resident School Groups

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- Sleeping bag or quilt (packed in a waterproof cover/bag i.e. bin liner taped closed)
- Pillow case and a single sheet
- Wash kit and towel
- Indoor footwear (slippers or similar)
- Waterproof jacket
- Training shoes (not best)
- Warm jumper/fleece top
- Wellington boots
- Hat and sun cream
- Personal clothing - Enough for the number of days stay plus a spare set
- Bathers and sun cream in the summer months
- Any medicines/inhalers that have been prescribed
- All items should be named clearly

Additional Kit Required for Activities

- Small day pack
- Lunch box (named)
- Drinks bottle (named)
- Pen/pencil and notebook

NOTE

Please do not bring valuables to the house such as mp3 players and phones as no responsibility can be taken for these items should they get damaged or lost. As there is currently no facility to purchase anything on Lihou during a stay, there is no requirement for money.