

Lihou - Venus Pool Swimming - Risk Assessment



What is the risk	Who Might be Harmed and How	Level of Risk	Control Measures Implemented	Remaining Risk After Controls
Falls	All participating and supervising persons	Medium	- Access to and from Venus Pool can be slippery so care needs to be taken and supervision needs to be appropriate to the age and abilities of the group - Agreed access route to and from the pool - Emergency action safety plan in place	Low
Tidal Currents and Swell	All participating and supervising persons	High	- Swimming only undertaken in Venus Pool when it is not being flooded by swell or the sea - Tide times closely observed - Water side observer watching the open sea for swell and rising tide - Group to exit pool area in good time prior to the flooding on the rising tide to avoid rushing - Throw line immediately accessible to all	Low
Slippery rock	All participating and supervising persons	Medium	- Appropriate footwear to be worn - Establish path in clear view of pool and any supervisors - Swimming kit to be carried in a rucksack so participant has free hands - Instructions given for the safe passage over such terrain - No time constraints so as to discourage rushing	Medium to Low
Hidden underwater rocks	All participating and supervising persons	Medium	- Jumping permitted only in places of known depth - No diving - Briefing given as to correct jumping technique - No forward or backward flips - Pool monitored for new hazards regularly - No jumping for those supervisors unfamiliar with the pool and the depths	Low
Cold water	All participating and supervising persons	Low	- Warm clothes on the rocks adjacent to the pool - Towel close to hand - Access to Lihou house for warming and hot drinks etc - First aiders aware of the signs of hypothermia and the subsequent treatment	Low
Injury caused by any of the above	All participating and supervising persons	Medium	- First aider present during activity and in known location/RV point - First aid kit situated in the house - Eye wash in the house - Defibrillator situated in the house - Emergency services trained and familiar with the house and island and familiar with both high and low water evacuation should it be required	Low

- The risk assessment is a general risk assessment for Lihou Island. It is not exhaustive and should be used in conjunction with a risk assessment written by the user group, making note of any special needs or issues that are specific to that group.
- For further information or to comment, please contact the warden.