

Lihou – Orienteering - Risk Assessment

What is the risk	Who Might be Harmed and How	Level of Risk	Control Measures Implemented	Remaining Risk After Controls
Remote supervision	All participating person	Medium	- Selection of boundaries appropriate to both the weather conditions and age/ability of the group - Physical walking of the activity boundaries with the participants - Strategic positioning of staff/adult supervisor to 'shepherd' where needed - Known and obvious recall signal to be established	Low
Rabbit holes and uneven ground	All participating and supervising persons	Low	- Hazards pointed out to all and shown - Obvious areas of concern highlighted and subsequently avoided - Consideration given for the appropriateness of 'dark hours' activities on the island with respect the age and abilities of the participants	Very Low
Loose rocks on walls/rock outcrops	All participating and supervising persons	Medium	- Participants briefed not to climb walls for any reason - Participants instructed not to scramble on rock outcrops during the activity - Specific areas of high concern avoided by course layout or 'shepherding' - Participants can be directly shown the areas of concern	Very Low
Poisonous or hazardous plant forms	All participating and supervising persons	Medium	- The island is inspected regularly for any such poisonous or irritating plants to help identify potential problems - Only known frequent plant of concern growing on Lihou is Deadly Nightshade (Berries in late summer/early autumn)	Low
Rising tide and inter-tidal zone	All participating and supervising persons	High	- Specific attention paid to tide times and height of high water - Group briefed by staff as to the hazards and time of high water - Activity area to avoid areas that will flood during the period of the activity - Inter-tidal area avoided with younger participants where they will be operating beyond the direct visual supervision of the staff/responsible adult	Low
Injury caused by any of the above	All participating and supervising persons	Medium	- First aider present during activity and in known location/RV point - First aid kit situated in the house - Eye wash in the house - Defibrillator situated in the house - Emergency services trained and familiar with the house and island and familiar with both high and low water evacuation should it be required	Low

- The risk assessment is a general risk assessment for Lihou Island. It is not exhaustive and should be used in conjunction with a risk assessment written by the user group, making note of any special needs or issues that are specific to that group.
- For further information or to comment, please contact the warden.